



Several years ago I watched a documentary about health as it relates to our environment: where we live, where we work, etc. The film focused on three people who worked at the same hospital: the CEO, a scientist in the lab, and a janitor. As it turned out, the janitor’s job was considered to be the most stressful of the three. The reason is because the janitor was always being pulled away from what he was doing to take care of someone else’s emergency. In other words, the janitor had more bosses than either of the other two hospital employees.

Today in worship we will celebrate Holy Communion. Our participation in this holy meal begins with our confession of sin. We do this because we know that our hearts are often pulled in different directions. We want to love and serve God but we make choices that demonstrate that we also want to love and serve ourselves more than others. Sometimes it feels like we are similar to the janitor in the documentary as we are pulled in different directions because of the various “bosses” we serve: work, money, family, faith, etc.

The good news is that Jesus forgives us of our sin! The other good news is that when we name the things in our lives that try and displace God from the center of our lives they lose some of their seductive power.

As we worship today, my prayer is that God’s grace will be a gift to you that will invite you to consider what’s at the center of your life. Is it something other than God? If so, I pray that our prayers, the scriptures, our experience of Holy Communion, and our sharing the Word together will demonstrate how much God wants to be at the center of our lives.

Joyfully,
Scott



Messy Church

**Are you interested in attending the Messy Church workshop with Pastor Kelly
on February 11th, 10am-3pm?**

What is Messy Church? Messy Church is a form of church for children and adults that involves creativity, celebration, and hospitality. It is designed for people who don’t already belong to another form of church. The Messy Church workshop is designed for congregations who are interested in exploring ways to reach new people in a different way.

*If you are interested in attending this workshop, or for more information, visit with Pastor Kelly **before February 11th.***

February 5, 2017

CENTRAL TO LIFE





SERMON SERIES

“PILGRIMAGE”

CLASSIC SERVICE

8:30am & 11:00am

COMMUNITY OF HOPE

1:00pm



CENTRAL UNITED METHODIST WOMEN MEETINGS

- February 9, 9:30am, General Meeting, Room 311-312
- February 15, 11:45am, Friendly Lunch Bunch, Room 311
- February 18, 9:30am, Lydian, Room 305



CUMC Foundation Meeting

Sunday, Feb 5th at 12:15 in room 311

CHILDREN AND ADULT MINISTRIES

Questions? Contact Pastor Kelly at the church office or via email to kellyb@centraltolife.org;

- Sundays:** Sunday School classes meet at 9:45am. There are a variety of classes to choose from.
- Weekdays:** Several small study groups to choose from: Monday night, Wednesday or Friday mornings.

www.centraltolife.org

NEW YEAR'S RESOLUTION

JOIN A MUSIC GROUP AT CUMC

CHANCEL CHOIR | Wednesdays 7-8:30pm

- Sings at 11am services every Sunday
- Sings major works twice a year

WOMEN'S ENSEMBLE | Wednesdays 6:15-6:45pm

- Sings one Sunday a month

MEN'S ENSEMBLE | Wednesdays 6:30-6:55pm

- Sings one Sunday a month

MASS APPEAL HANDBELL CHOIR | Thursdays 6-8pm

- Ring once a month

CENTRAL SINFONIA

- An orchestral ensemble for experienced musicians who play for worship services four times a year.

CHANCEL CHOIR SPECIAL PRESENTATION

"Gospel Mass" – by Robert Ray to be presented in March 2017.

This is a great time to join the choir and sing this piece.

Wednesday evening rehearsals – 7-8:30pm.

E-mail jerrif@centraltolife.org for information

You can now make a contribution to Central United Methodist Church with a quick text message!

Simply send a text to **505-384-7589** with the amount you would like to contribute. Make sure to include the dollar sign before the amount. *Example:* \$25. Within a few minutes, you'll be sent a text with a link to register. Click on the link and enter your cardholder name and credit or debit card information. Once your registration is complete, you will receive a text verification and a receipt via email. For future giving, simply send a text with the amount you wish to give, and it will process automatically!



IS CHURCH HAPPENING?

Tune in to Channel 7 news or check out the website for weather related updates.

-CUMC follows APS Monday-Friday Schedule-

CHURCH STAFF

Rev. Scott Sharp, Senior Pastor
Rev. Kelly Brooks, Executive Pastor
Rev. Janet Norden, Associate Pastor
Scott Zila, Building Superintendent
Jerri Foster, Director of Music Ministries

Michele Humes, Office Manager
Kathy Gough, Office Assistant
Jesus Valdez, Media Coordinator
Rick Wild, Organist
Alesha Bird, ASL Interpreter



Enjoy the Convenience of Electronic Giving... A Greener Approach to Contributions!

Get connected! Sign up for Central Connections, our weekly electronic newsletter, at www.centraltolife.org or send an email to Jesus Valdez at jesusvaldez@centraltolife.org.
 201 University Blvd NE Albuquerque, NM 87106 (505) 243-7834 www.centraltolife.org
Services broadcast on KAZQ TV-32—Sunday, 11 am & 7 pm

Growing Christ-Centered Community in a Distracting World